# (Annexure – 1)

## **Particulars of Organization, Functions and Duties**

### 1.1. Vision

IGIPESS Program will work to enhance its status as one of the premier academic/training Institution in Physical Education and Sports Sciences in India, attracting accomplished students nationally and internationally. IGIPESS will promote continued learning, innovation, scholarship, professional/vocational excellence, leadership, teamwork and practices of ethical behavior and will be based upon a model of support and inclusion.

#### 1.2. Key Objective

As a Teacher Training Institution in Physical Education as well as training centre relating to Health, Exercise Sciences and Sports Sciences for excellence and best possible life our mottos are:

To create centres of research people, outreach programs and development of programmes for health, fitness, wellbeing, sports and physical education addressing all population across age and sex.

To create academic experts such as Professor/Associate Professor/Assistant Professor for Universities (Physical Education, Sports, Sports Sciences/health sciences/Fitness Sciences) Sports Authority of India, State Sports Board, Director of Physical Education, Teachers for various level, fitness experts, leader for recreation, wellbeing adventure sports and active life style etc..

To create qualified and skilful manpower, exploring new job avenues from and for Health Clubs, Fitness, Wellbeing, Corporate Fitness Centres, Sports Journalism, Sports Academic/ Training Centres, adventure sports, youth development and harmony, law, management, Exercise Prescription (Physical Activity as Preventive Medicine Centre), Physical Growth & Development Clinics, Young Age Sports Counselling Centres, exercise therapy, sports therapy and many more. We will boost the skillful Indian population as a major instrument also exploring employability and vocationalization as well.

#### 1.3. Mission

The mission of the IGIPESS is to develop effective and efficient teachers, researchers, consultants and vocational leaders under the scientist-practitioner model. Through collaborative relationships/research and skill exchange programme that build upon the shared expertise of faculty and graduate students, we will keep on helping prepare students for careers in academia, professional and private practices as well. Faculty and students aspire to lead by example by modeling the skills and principles we teach to our students and clients including ethical behaviour, teamwork, grace under pressure, emotional composure, rational thinking, confidence, and humility i.e. services to humanity.

We wish single factor which can revolutionize health, fitness and sports performance of Indians. This alone can create a culture, promotion of health and

prevention of disease through the continuing sustained motivational process based upon motivational achievement needed to adopt lifelong regular physical activity. The minimal knowledge of competition, technique, frequency, intensity and duration of exercise needed to achieve health benefits is essential for all across the age, sex, occupation and life style.

The powerful impact which games/sport can have on social exclusion factors is increasingly recognised. For adults, especially older people, games/sport can provide a source of socialisation, social interaction, helping to prevent social isolation (which can damage mental health and wellbeing). There is evidence, not only that games/sport offers benefits that may have a special value to those women at risk of social exclusion, but also that women respond to appropriate provision.

#### 1.4. Brief History of the Public Authority and context of its formation

Indira Gandhi Institute of Physical Education and Sports Sciences (IGIPESS) is one of the leading institution that also houses the Department of Physical Education & Sports Sciences under the Faculty of Inter-Disciplinary and Applied Sciences, University of Delhi offering all the categories of teacher training courses in physical education. The institute was established on 3rd August, 1987 by the Delhi Administration under the auspices of the University of Delhi. The institute is named after Late Mrs. Indira Gandhi, the first lady Prime Minister of India. At the instance of University Grants Commission and based on professional advice of institutions like Lakshmibai National Institute of Physical Education (Gwalior), Netaji Subhash Institute of Sports (Patiala), and Central Health Education Bureau (Delhi), a three year degree course viz. B.Sc. (Physical Education, Health Education and Sports) was started in the institute in 1987. It also now offers B.P.Ed. (Bachelor of Physical Education, One year) and M.P.Ed. (Master of Physical Education, Two year) courses recognized by National Council of Teacher Education (N.C.T.E.). The institute has well-qualified staff, adequately staff, adequately equipped laboratories and rich library with latest books and research journals. IGIPESS strives to inculcate appropriate values and qualities required to develop sports - persons and physical education professionals at various levels.

1.5. Addresses of the main office and other offices at different levels. (please categories the addresses district wise for facilitating the understanding by the user) Indira Gandhi Institute of Physical Education and Sports Sciences (University of Delhi) B-Block, Vikaspuri,

New Delhi - 110018

1.6. Morning hours of the Office: 9.30 a.m.

**Closing hours of the Office.** 

06.00 p.m.